

RI DIST 3211 | ZONE V | March, 2025 | Volume 38 | Issue 09

President's Message



"The best way to find yourself is to lose yourself in the service of others." – Mahatma Gandhi

Dear Rotary Family,

As I look back on the recent activities and milestones of our esteemed club, I am filled with immense pride in the remarkable work we have accomplished together. From empowering individuals through skill development to making a tangible difference in our community, our actions continue to ignite positive change and leave a lasting legacy of service and impact.

We began the month by collaborating with some organizations to provide specialized inhouse training on the job, offering apprenticeships to candidates under the District Project UYARE. The Charter Handover and Installation Ceremony of the Interact Club of B.V.B. Manvila was another highlight for the month. Additionally, the session on Screen Addiction in Students was an eye-opener for many, highlighting the challenges of modern technology on our youth.

Our involvement in the District Conference "Valiya Perunal" in Kochi was a wonderful opportunity for fellowship, learning, and exploration. The vibrant exchange of ideas, the memorable experiences of group traveling in trains, and the time spent exploring the city and its attractions made for an unforgettable weekend. In the spirit of fostering relationships, we also came together for numerous Chai Pe Charcha sessions, where members shared nostalgic and heartfelt memories, cultivating deeper connections.

Our entanglement in community service reached new heights with the successful handover of homes under the Uday Kiran 1 Project by RC Trivandrum South and associate clubs, where we celebrated the completion of 3 out of 60 houses for the homeless. The recent palukachu (Housewarming) ceremony at Mr. Davidson's home under this initiative marked another important moment in our journey of giving back to the less fortunate. We also made a meaningful contribution by providing a wheelchair to the Maranalloor Panchayat in collaboration with the Rotaract Club of Christ Nagar College, with the support of Rtn. Sebin Roy.

Our collective spirit was further showcased during the field trip organized by the Satellite Club to St. Xavier's College's Organic Farm, where we learned about sustainable farming practices and enjoyed the freshness of organic produce.

As we look ahead, I am deeply moved by the incredible impact we have already made, and I know that together we could create a stronger, more connected community.

Dated this 1st day of March, 2025

Rtn. Dr. Baiju Ramachandran FCS

President, Rotary Club of Trivandrum Suburban

Secretary's Message:

My dear fellow Rotarians, Anns and Annets,



As we progress through another month of service and fellowship, let us take a moment to reflect on the impact we create as a Rotary family. Every small effort, whether through a service project, a community initiative, or an act of kindness, contributes to the larger vision of making a difference. February, the month of peace and understanding in the Rotary calendar, reminds us of our responsibility to foster harmony and goodwill in our society. Let us continue to uphold the values of Rotary by engaging in meaningful service, strengthening friendships, and inspiring positive change. Together, we can achieve greater heights and make our club a beacon of service and leadership.

Warm regards,

Rtn. Dr. Ciniraj Raveendran

Secretary, RC Trivandrum Suburban

Birthdays

Mar 14: George Varghese

Mar 24: Dhananjayan

Mar 27: Sreekumar K P

Mar 28: Sukumaran M

Wedding Days

Mar 13: Rtn. Bijulal V S & Ann. Ancy

Mar 30: Rtn. Santhosh Mithra & Ann. Dr. Kavitha

Forthcoming Meetings

Mar 08: Women's Day Celebration & Family Meeting at Hotel Highland

Mar 15: Movie Buff Program at Aries Plex Theatre at Free of Cost

Mar 21: Weekly Meeting at Hotel Prasanth; Guest Speaker Ms. Sandhya

Mar 28: Weekly Meeting at Hotel Prasanth; Guest Speaker Mr. Anilkumar

Apr 04: Weekly Meeting at Hotel Prasanth; Guest Speaker Vava Suresh

Apr 12: Family Meeting at Tanjavur Amma Veedu, West Fort

Apr 22 to Apr 28: International Tour Program to Georgia (Europe)

Activity Report of February

164. MOU with M/s. BRACS to provide training and apprenticeship for Business Regulatory Compliances and Practices

On 01.02.2025, the RC Trivandrum Suburban signed an MOU with M/s BRACS to provide training for Business Regulatory Compliances and Practices and to impart apprenticeship to Mr. Niranjan S Pillai, Mr. Nirmal Jeemon, Ms. Kamala Aishwarya, Ms. Feba George Ms. Karthika Anilkumar and Ms. Sharon Elizabeth under the District Project UYARE. The training course fee of Rs. 10,000 per student was sponsored by Rtn. Baiju Ramachandran. The MOU is signed by Rtn. Baiju Ramachandran, Chairman, M/s.BRACS with Rtn. Dr. Ciniraj Raveendran representing the Club. The scheme and syllabus of the training was



finalized in consultation with Rtn.Baiju Ramachandran and Rtn. CA N.S. Sarma.

165. Charter handover & Installation Ceremony of Interact club of BVB Manvila



On 06.02.2025, the Charter & Installation Handover Ceremony of INTERACT **OF** B.V.B. **CLUB** MANVILA (Sponsored by RC Trivandrum Suburban) was held at the School Auditorium of Bharatia Vidhya Bhavan, Manvila. Rtn. Flt Lt Shibu Varghese, Interact District Chairman (3211) was the Chief Guest.

Sponsor Club President Rtn. Baiju Ramachandran formally handed over the charter to the Interact Club President. Sree Bhadra SS, Gouri Krishna A K, Nandana L, Diya Sreekanth C, Snigdha Suresh and Indhulekha Menacheril formally assumed their positions as President, Vice President, Secretary, Joint Secretary, Treasurer and Project Chairman among the 20 charter members. School Principal Ms. Radha Viswakumar, Interact Advisor Ms. Gauri Jayachandran, Rtn. Dr. NRUK Kartha, Rtn. Albert Alex, Rtn. Mohandas, Rtn. Santhosh Mithra, Rtn. Ramakrishnan also spoke.

166. Session on Screen Addiction in Students

On 06.02.2025, the RC Trivandrum Suburban, in association with the Interact Club of B.V.B. conducted Manvila, session titled "Phone/Screen Addiction in Students." Mrs. Geetha Dinkar, a Student Psychologist and Educational Therapist, was the resource person. During the session, Mrs. Geetha highlighted on the excessive screen time which can have beyond-control negative effects on students. In the interactive session, doubts raised by the students and teachers were clarified by the resource person to their satisfaction. Around 300 students attended the program.



167. District Conference "Valiya Perunal" in Kochi

On 08.02.2025 and 09.02.2025, the District Conference "Valiya Perunal" was held at Gokulam Convention Park, Kochi. There was very good participation from our Club. Rotarians KG Nair, Sukumaran, NRUK, Jose Pampackal, Naik, Madhu, Ramakrishnan, Mohandas, Albert, Sarma, Baiju Ramachandran, Ciniraj, Vinod Narayanan, Biju



Kumar, Shaji Jose, Lisa, Saritha. Anns Radha, Rajalakshmi, Leela, Thara, and Annet Mahalaxhmi. Although registered, due to health and other reasons, Baiju B, Arun, Rufus. Sabarinath, Renu Sabari, Lekshmi Biiu. and Annet

Aravind couldn't attend. The conference was excellent in all respects. Punctuality, speakers, accommodation, entertainment, overall quality and variety of food and fellowship etc. Our group's travel in Janasadabdi and Vande Bharat trains, Cochin Metro trip, Movie buff experience, central mall visit, shopping, etc., were unforgettable.

168. Film 'Ponman': 3rd Suburban Movie Buff

On 09.02.2025, the RC Trivandrum Suburban arranged a 3rd Movie Buff at 3.25 pm at

Central Square Mall's theatre to enjoy a family thriller film "Ponman", a Malayalam movie directed by Mr. Jothish Shankar and starring Basil Joseph, Sajin Gopu, Lijimol Jos, Anand Manmadhan in the lead roles. The majority of Suburban family members attended the District Conference and participated in the Movie Buff. The



expenses of the program were shared by the participants.

169. Valentines Day Celebration *cum* Chai Pe Charcha on "Memories of your Youthful Love"







Club 14.02.2025, the Rotary Trivandrum Suburban conducted a round table conversation (Chai Pe Charcha) focused on the topic – Memories of your Youthful Love as part of the Valentine's Day Celebration of the Club. The members eagerly shared their reflections on the joys and heartbreaks of youthful love, uncovering heartfelt stories and bittersweet moments that shaped their lives. Some members remarked that the Valentine's Day celebrations are unnecessary and just for commercial benefits. Some members shared lively discussions on youthful romantic moments alongside their passion for Rotary.

Rtn. NRUK Kartha, Rtn. Sreekantan Nair, Rtn. Mohandas, Rtn. Purushothaman Asan, Rtn. Sivaprasad, Rtn. Jose Pampackal, Rtn. Santhosh Mithra, Rtn. Dhananjayan, Rtn. Shaji Jos, Rtn. Asok Paliyath etc participated. Further, as part of the celebration, Members and Anns participated by wearing attire in romantic colours like red, pink and/or white. Special Valentine's Day gifts were distributed to 10 participants in a lucky draw.

170. Talk on Key Developments at Tvm Airport post Adani takeover by Rahul Bhatkoti, Chief Airport Officer

On 14.02.2025, the RC Trivandrum Suburban organized a guest talk on "The Changing

Landscape of Trivandrum International Airport After Adani's Takeover," by Shri Rahul Bhatkoti, Chief Airport Officer, Thiruvananthapuram International Airport, along with the 1769th weekly meeting of the club at Hotel Prasanth, PMG, Trivandrum. In his enlightening talk, Shri



Bhatkoti highlighted the transformative developments underway at the airport. He shared that the airport is set to undergo significant expansion, with plans to accommodate 24 flights per hour by 2030. This includes the renovation of its terminals

for both domestic and international flights, aimed at enhancing passenger convenience



and operational efficiency. He also emphasized the strategic vision to position

Thiruvananthapuram Airport as a hub-andspoke airport to compete with Colombo Airport. His presentation was met with great interest and appreciation from the

audience. Club President Rtn. Dr. Baiju Ramachandran, Acting Secretary Rtn. KP Mohandas, Rtn. Alex K, Rtn. NRUK Kartha, and Rtn. Madhusudanan Nair also addressed the gathering. A memento was formally presented to him by Ann Padmini Ashok as a token of the club's gratitude, followed by a vote of thanks from him. The meeting concluded with the National Anthem, and members adjourned for fellowship and dinner at 8:40 PM. A total of 30 persons attended the program.

171. District Event: Uday Kiran 1 Key Handover Ceremony at Trivandrum Club

On 15.02.2025, the RC Trivandrum suburban partnered with the Rotary Club of Trivandrum South, along with its partner clubs, in organising a formal key handover

ceremony at Trivandrum Club. The ceremony involved handing over ownership of 60 houses, each measuring 460 sq. ft., under the Uday Kiran 1 housing project, at a total cost of Rs. 6 crores. These houses were provided to the homeless. Our club also



contributed to the project, completing 3 houses. Under this Uday Kiran 1 Project, each participating club contributed Rs. 2 lakhs, while the Chittilappilly Foundation contributed Rs. 4 lakhs from their CSR fund. Trivandrum MP Dr. Shashi Tharoor was the chief guest at the program, and many members from our club participated in the event. The function also honoured Rtn. Janardhana Naik, the Uday Kiran District Project Chairman of the Club. While considering this item, the board acknowledged the contributions of IPP Rtn. Naik and Immediate Past Secretary Rtn. Arun S. for their active involvement in the successful completion of the project.

172. Field Trip to Organic Farm of St. Xavier's College, Thumba



On 16.02.2025, the Satellite Club of RC Trivandrum Suburban organized a field trip to the Organic Farm of St. Xavier's College, Thumba. Best vegetable farmer Haritha Mithra Awardee Mr. Sujith explained the method of farming at St. Xavier's College campus. Satellite Club members and their spouses participated in their trip. The participants thoroughly enjoyed the fresh, organic watermelon harvested from the farm. They also purchased many fresh vegetables.

173. Donation of wheelchair and essential items to Maranalloor Panchayat in association with Rotaract Club of Christ Nagar College

On 18.02.2025, the RC Trivandrum Suburban in association with the Rotaract Club of Christ Nagar College donated a wheel chair to the inmate of Maranalloor Grama Panchayat which was provided by Rtn. Sebin Roy. The Rotarians acknowledged Rtn. Sebin Roy for his act of kindness and dedication, exemplifying the true spirit of Rotary.



174. Rotary Awareness Program as part of Rotary Day Celebration



On 22.02.2025, the RC Trivandrum Suburban organized a Rotary Awareness Program to commemorate the 120th anniversary of the chartering of the first Rotary club, Govt. Girls Higher Secondary School Pattom, Trivandrum (Code- PR04/Pg21). The AG (Zone 5) Rtn. Dr. NRUK Kartha was the Resource Person. The Resource Person gave a total account of Rotary activities for the 64 Student Cadets under the

leadership of Asha teacher. In his address, Rtn. Kartha remarked that we are dedicating this initiative to our Founder, Rtn.Paul Harris. The students' involvement in the program was truly remarkable. The whole program was steered by the Project Coordinator (Rotary Day Programs) and IPP Rtn. Er. Janardana Naik. Rtn. Naik, Ms. Asha and the student representative spoke on the occasion.

175. Special Breakfast Meeting as part of Rotary Day Celebration

On 23.02.2025, as part of the Rotary Day Celebration of our club under code CA14/Pg13, Breakfast Meeting was organized Hotel Amritha at Senior 8.30 am. members reminisced about the nostalgic



breakfast meetings that used to be held at Hotel Amritha three decades back. 25 plus members attended the meeting. A group picture was taken on this occasion.

176. Special Weekly Meeting as part of Rotary Day Celebration

On 23.02.2025, the RC Trivandrum Suburban organized its 1770th weekly meeting at Hotel Amritha, Thycaud, Trivandrum (Code- CA07/Pg13). Rotary invocation is read



by Rtn. KG Nair. The Club President Rtn. Dr. Baiju Ramachandran delivered a welcome and presidential address. In his address, Rtn. Baiju informed us that a Rotary Awareness seminar was organised by the club at the Govt. GHS, Pattom, where the AG Rtn. Dr.

NRUK Kartha addressed the students. The Secretary Rtn. Ciniraj Raveendran presented the minutes of the last weekly meeting, and the meeting approved the same. The President then invited Charter Secretary Rtn. KG Nair to the dais. He shared a rotary day message. In his address, Rtn. Nair recollected various activities of the Rotary when he was young. Another senior member, Rtn. Raveendran Nair also shared the Rotary Day message. Rtn. N S Sarma proposed the vote of thanks. After the National Anthem, the meeting adjourned for fellowship and breakfast. Around 25 members attended the meeting.

177. Special Service Projects as part of Rotary Day Celebration

On 23.02.2025, the RC Trivandrum Suburban carried out two service projects. The first one was a contribution of 500 USD to TRF by Rtn. Ciniraj Raveendran. The second one was the handing over of the cancer treatment fund collected from our



members for the six people whose diseases were identified during our medical camp. INR 15,000 collected from Rtn. Saritha Baiju (Rs.1000), Rtn. Shajahan (Rs.500), Rtn. Mohandas (Rs.2000), Rtn. RAD Pillai (Rs.1000), Rtn. PP Nair (Rs.1000), Rtn. Janardana Naik (Rs.1000), Rtn. Bijukumar (Rs.500), Rtn. Arun (Rs.500), Rtn. Dhananjayan (Rs.1000), Rtn. Lisa Jose (Rs.1000), Rtn. Sukumaran (Rs.1000), Rtn. T Jeyakumar (Rs.1000), Rtn. Baiju B (Rs.1000), Rtn. Sudevan G (Rs.1000), Rtn. C B Kartha (Rs.1000) and Rtn. Sreekumar (Rs.500) was handed over to the Project Coordinator, Rtn. Dr. Subha R Nair.

178. Key Handover Ceremony of Mr. Davidson's home

On 28.02.2025, the house-warming and key handover ceremony of the second among 3 houses (Beneficiary – Mr. Davidson) sponsored by the RC Trivandrum Suburban





under the Uday Kiran 1 Project was held. In the event, the President Rtn. Dr. Baiju Ramachandran, IPP and the District Project Chairman (Uday Kiran) Rtn. Naik UJ, Immediate

Past Secretary and District Project Co-ordinator (Uday Kiran) Rtn. Arun S, the AG Zone V Rtn. Dr. NRUK Kartha, Rtn. Dhananjayan K and leaders from RC Trivandrum South attended. Breakfast was arranged by the beneficiary to the participants. The participants enjoyed the cultural programs, such as songs and dances, performed by Mr. Davidson's son.

179. Family Meeting at Trivandrum Tennis Club



On 28.02.2025, the Induction Ceremony cum Family Meeting was held at the Trivandrum Tennis Club, Kowdiar as part of Meeting No.1771. A total of 72 persons attended the program. The Chief Guest of the event was Mrs. Lekha K.C., World Boxing Champion and recipient of the

major Dhyan Chand Award, who currently serves as Under Secretary to the Government of Kerala. The real-life story of her origin and birth from a very ordinary, poor farming family in Kannur, along with the struggles and hardships she faced and

overcame during her studies, was truly inspiring. Along with the family meeting, an induction ceremony was also held. wherein the AG (Zone 5) Rtn. Dr. NRUK Kartha delivered an induction speech that motivated the new members. Club President Rtn. Dr. Baiju Ramachandran, Acting



Secretary Rtn. Ramesh R., Secretary of the Satellite Club Rtn. Renuka Kartha, Past President Rtn. Sudhir, and Past AG Rtn. C.B. Kartha took various roles and spoke on the occasion.

180. Induction of 10 New Members



On 28.02.2025, the RC Trivandrum Suburban hosted an installation ceremony along with its family meet to induct 10 new members into the Club. In the installation ceremony, the AG (Zone 5) Rtn. Dr. NRUK Kartha dictated the Oath, and the new members swore in the presence of the esteemed gathering. He

also delivered an induction speech that motivated the new members. In his address he

stated that by inducting more than 8 members we became Gold Privilege Club as per AMC - MD 3/Pg 14. He appreciated the team inducted 3 lady members (AMC-MD 4/Pg 14) and one differently-abled member (AMC-MD 5/Pg 14). Rtn. Mohandas and



Rtn. Naik introduced the new members to the audience. Induction Kits, membership certificates, and rotary pins were distributed to 10 new members, including 3 Satellite Club members, by the Club President Rtn. Dr. Baiju Ramachandran.

